

5-Day Yoga & Walking Safari | Northern Kruger

From Sole to Soul

Travel Brochure

Step into the Wild

Your Safari Adventure Begins Here

This exclusive walking safari and yoga adventure offers you the opportunity to explore this magnificent and unforgettable part of Kruger National Park in a truly unique manner. Your private guides will enrich your experience of this location, turning it into a captivating and awe-inspiring journey of discovery amidst breathtaking landscapes and incredible wildlife.

COUNTRY	South Africa
LOCATION	Pafuri, Northern Kruger National Park
DURATION	5 Days 4 Nights
MIN. AGE	18 years
GROUP SIZE	min. 4 max. 8 participants
UPCOMING DATES	You find our upcoming dates on our website: www.ilalasafaris.com

- HIGHLIGHTS**
- 4 nights' accommodation in the rustic unfenced Walking Safari Camp in Northern Kruger National Park
 - Explore a safari experience that goes beyond the typical tourist adventure
 - Yoga sessions and meditation practices out in nature
 - Private vehicles and activities for our small group
 - Small group of max. 8 - along with Sabrina and Jan Hendrik as your expert hosts and guides
 - Pafuri boasts a vast and varied landscape, from breathtaking vistas to lush, wild terrains
 - Experience the thrill of encountering magnificent wildlife, from breathtaking vistas to an abundance of life, providing ample opportunities for wildlife enthusiasts

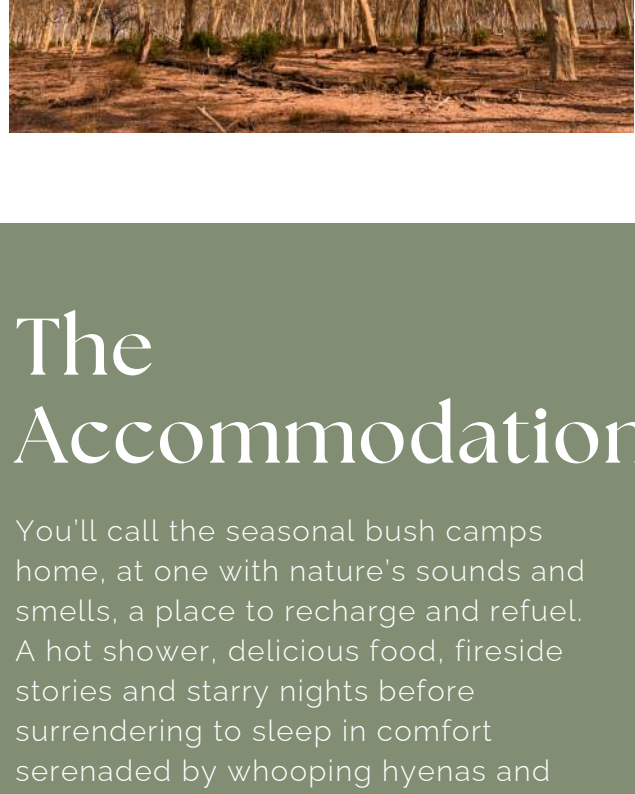


The Area

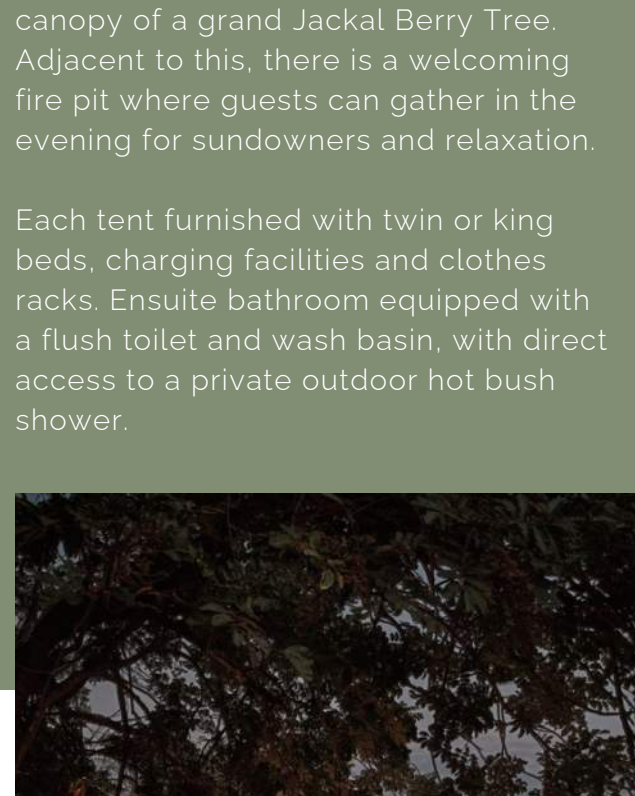
Nestled between the meandering Limpopo and Luvuvhu Rivers lies the Pafuri region, encompassing a vast expanse of 24,000 hectares (59,305 acres) within the northern sector of Kruger National Park. Within this remarkable area lies the Makuleke Concession, an ancestral homeland of the Makuleke people and unquestionably one of the most diverse and visually captivating regions within the entire Kruger National Park.



Accessible only to those fortunate enough to have access, the Makuleke concession is not open to the typical tourist. This unique tract of land rightfully belongs to the Makuleke community, marking a significant chapter in South Africa's history. In a triumphant turn of events, the Makuleke people, who were forcibly displaced from this land in 1968, successfully reclaimed their ancestral territory in 1998 after a protracted struggle. This region now stands as a testament to their resilience and heritage.



Encompassing the wildest and most remote corners of the Kruger National Park, the Makuleke Concession boasts a rich tapestry of landscapes, offering a canvas of diverse vegetation, exceptional wildlife encounters, unrivaled birdwatching opportunities, and a treasury of folklore recounting the tales of early explorers and ancient civilizations.

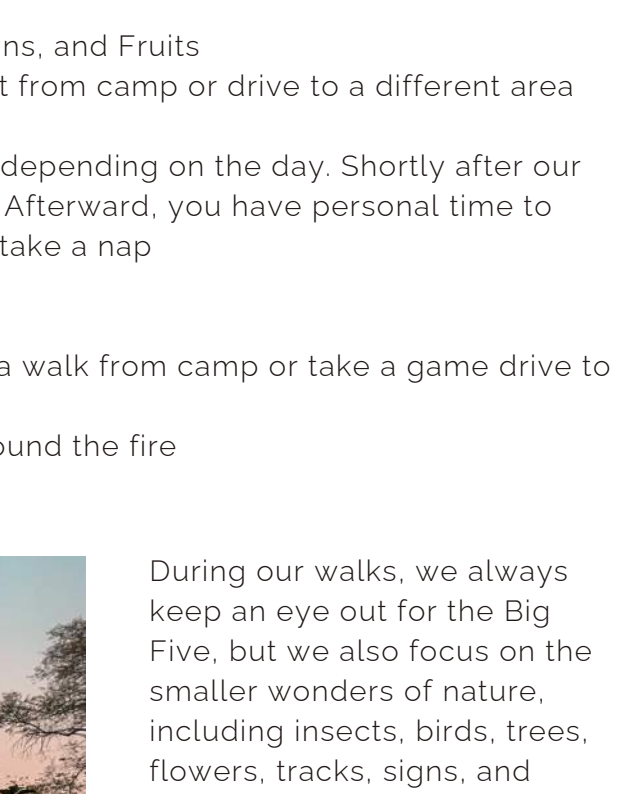
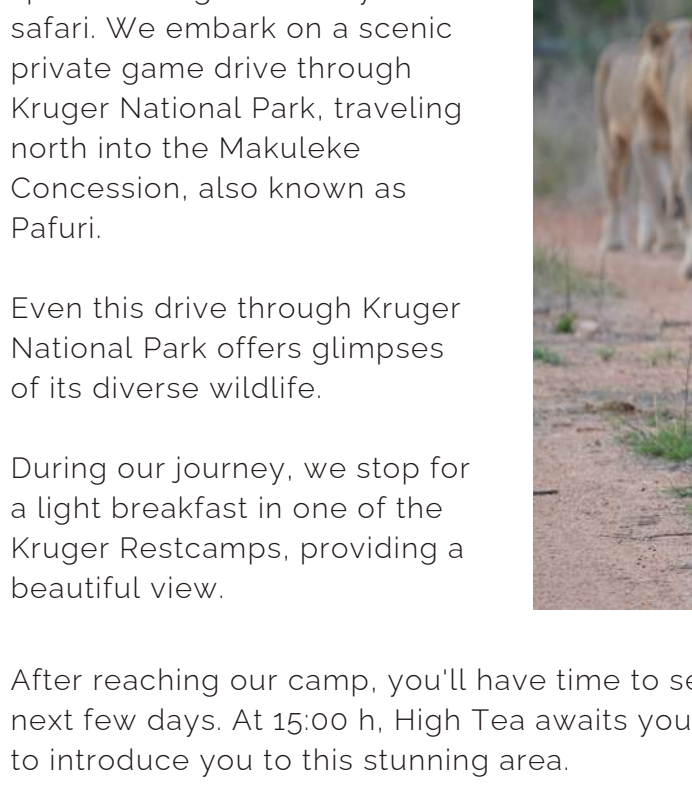


The Accommodation

You'll call the seasonal bush camps home, at one with nature's sounds and smells, a place to recharge and refuel. A hot shower, delicious food, fireside stories and stargazing nights before surrendering to sleep in comfort serenaded by whooping hyenas and stirring leaves.

The main area comprises a cozy seating arrangement beneath the sheltering canopy of a grand Jackal Berry Tree. Adjacent to this, there is a welcoming fire pit where guests can gather in the evening for sundowners and relaxation.

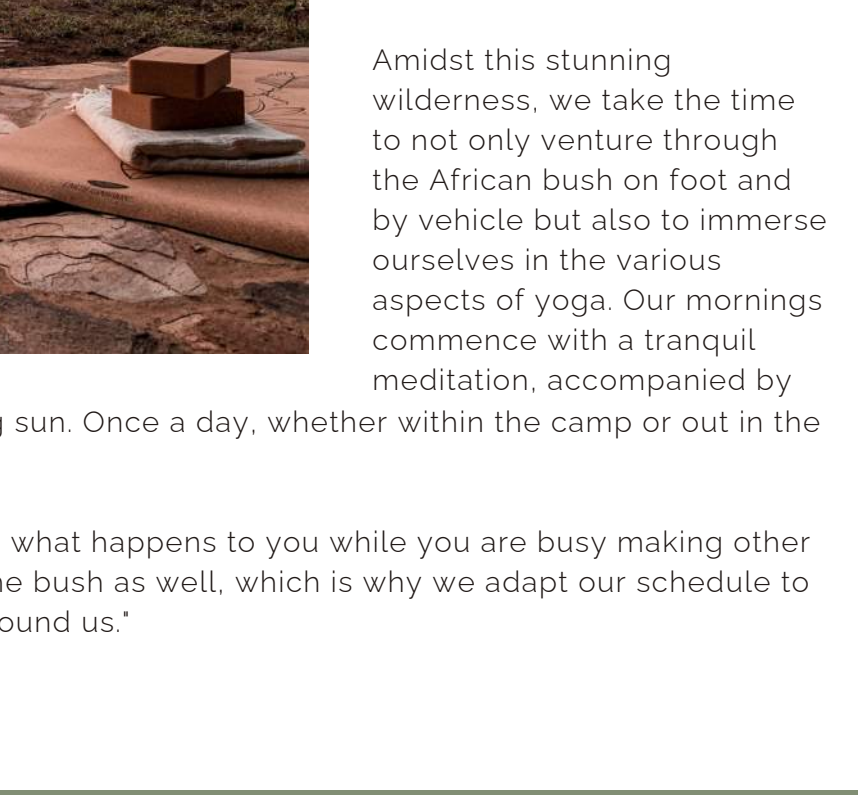
Each tent furnished with twin or king beds, charging facilities and clothes racks. Ensuite bathroom equipped with a flush toilet and wash basin, with direct access to a private outdoor hot bush shower.



The Schedule

We would like to offer you a glimpse into a typical day on our Yoga Safari and provide an overview of what you can expect during your days in the bush. While we prefer to maintain flexibility to accommodate the movement of animals, their behavior in various seasons, the interests of our guests, and external factors like weather, we still believe in providing a structured outline to give you an idea of your experience with us.

Your adventure begins early in the morning when we pick you up from your accommodation in Hoedspruit, where you spend the night before your safari. We embark on a scenic private game drive through Kruger National Park, traveling north into the Makuleke Concession, also known as Pafuri.



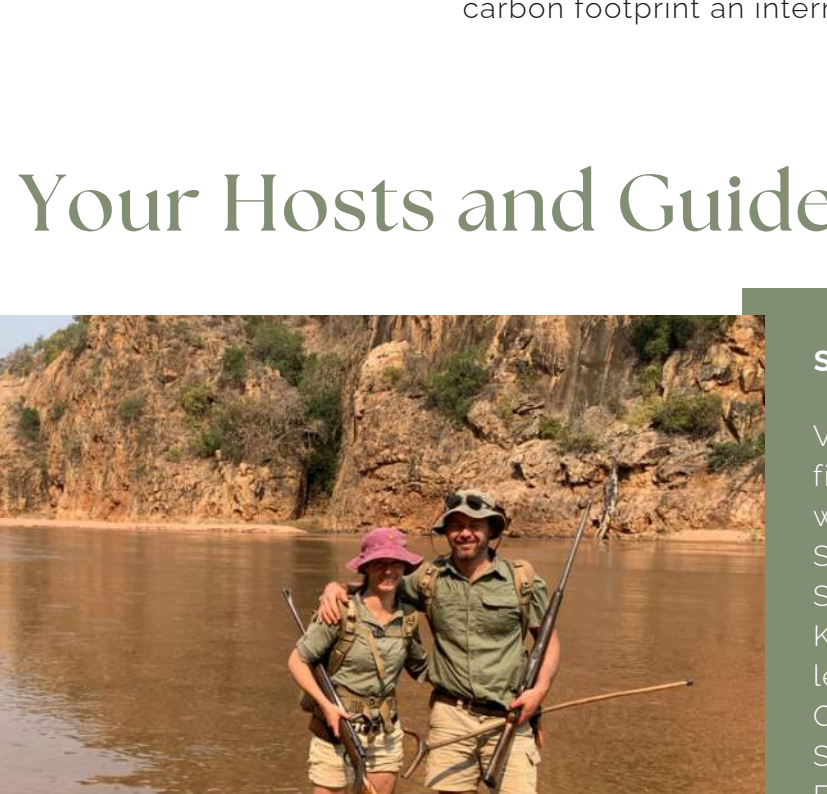
Even this drive through Kruger National Park offers glimpses of its diverse wildlife.

During our journey, we stop for a light breakfast in one of the Kruger Restcamps, providing a beautiful view.

After reaching our camp, you'll have time to settle into your tent, where you'll spend the next few days. At 15:00 h, High Tea awaits you before we set out on our first safari activity to introduce you to this stunning area.

Here's an overview of what a typical day might look like:

- 5:00 | Wake-up
- 5:15 | Morning Meditation
- 5:45 | Enjoy Coffee, Tea, Rusks, Muesli, Muffins, and Fruits
- 6:00 | Morning Walk: We set out early on foot from camp or drive to a different area for a walk
- 11:00 | Return to camp, with the specific time depending on the day. Shortly after our return, breakfast will be ready for you. Afterward, you have personal time to relax, enjoy the camp, read a book, or take a nap
- 13:30 | Yoga Asana Session in Camp
- 15:00 | High Tea
- 15:30 | In the afternoon, we might embark on a walk from camp or take a game drive to explore the area
- 18:00 | Enjoy the sunset with refreshments around the fire
- 19:00 | Dinner



During our walks, we always keep an eye out for the Big Five, but we also focus on the smaller wonders of nature, including insects, birds, trees, flowers, tracks, signs, and more. We aim to teach you how nature is interconnected, with every element having its purpose and unique strengths.

Amidst this stunning wilderness, we take the time to not only venture through the African bush on foot and by vehicle but also to immerse ourselves in the various aspects of yoga. Our mornings commence with a tranquil meditation, accompanied by

the melodies of birds and the rising sun. Once a day, whether within the camp or out in the wild, we practice yoga asana.

As John Lennon wisely said, 'Life is what happens to you while you are busy making other plans.' This philosophy is true for the bush as well, which is why we adapt our schedule to the ever-changing natural world around us.'

The Price

Safari Tent with Ensuite Bathroom	PRICE 2024
Single Supplement	Price per person
	ZAR 46'500.00
	ZAR 10'000.00

- INCLUDED**
- Accommodation as stated above.
 - All meals.
 - Drinks (Select wines, local beers, soft drinks, water, select spirits, coffee and tea).
 - Morning and evening safari activity.
 - Morning meditation and afternoon yoga session.
 - Community & Conservation Levy.
 - Kruger National Park Entry Fee.
 - Transfer from/to Hoedspruit with Game Drive through Kruger National Park.

- EXCLUDED**
- Flights and airport taxes.
 - Pre and post safari accommodation.
 - Other transfers.
 - Other meals (Meals in Kruger National Park on transfer).
 - Other drinks at the camp.
 - Gratuities.
 - Items of personal nature (telephone expenses, curios, medicines, etc).
 - Entry Visa Fees.
 - Bank Charges.

Our Corporate Responsibility

With each Yoga Safari we share our love for yoga by donating to the [Earth Child Project](#). With every donation we provide a child with weekly yoga for a year. The children learn to connect to themselves and each other through yoga and life skills.

We love offering our Yoga Safaris and educate about the African bush and wildlife. Nevertheless it does stand in conflict with the climate. This is why together with [Greenpop](#) we plant trees for every guest to offset the 1.4 tons of carbon footprint an international trip creates.

Your Hosts and Guides

JAN HENDRIK

Jan Hendrik is a passionate Professional Field Guide with over 14 years of experience in the African bush which took him to many countries across Africa. Born and raised in South Africa Jan Hendrik offers guiding in English and Afrikaans.

SABRINA

Visiting southern Africa for the very first time Sabrina fell in love with the wild African bush and all the wildlife. Since then she regularly traveled to South Africa, Botswana, Namibia and Kenya. The enthusiasm for the bush led her to her Field and Trails Guide Qualification. Originally from Switzerland Sabrina offers guiding in English as well as in German.

Yoga is part of Sabrina's practice. The feeling yoga gives her is the reason why she likes to share her practice during our yoga safaris with our guests. She completed a 200h yoga teacher training in Berne, Switzerland and added later on another 300h in South Africa. With it Yoga became an even more important part of her life, not only on the mat but in her daily life.

By walking more than 2'000 hours in over 15 different Reserves and National Parks with Big Five qualified Jan Hendrik as a Professional Trails Guide and Tracker. As a FGASA-registered mentor he offer Mentorship Trails for future trails guides. He has a special passion for birds and flowers. Walking with Jan Hendrik is always a great adventure and his enthusiasm for the African bush is contagious.

CONTACT DETAILS

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Looking forward to seeing you on Safari